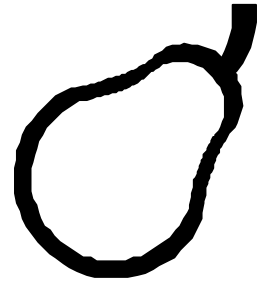


# Eat healthy!



Use the list at the bottom of the page to help you find 20 healthy foods.

c m a c a r o n i b b t e g  
h v r o c h i c k e n x g r  
e b e a n s z y o r a n g e  
e l r p h p o t a t o j b e  
s p i n a c h z m e a t r n  
e w c h z c a r r o t l e b  
w k e y a p p l e s m i a e  
g b a n a n a v t f s v d a  
o t f i s h z d r m e l o n  
t q b r o c c o l i p a q s  
m i l k n c e r e a l z k r

apple

banana

beans

bread

broccoli

carrot

cereal

cheese

chicken

egg

fish

green beans

macaroni

meat

melon

milk

orange

potato

rice

spinach